

Business Chakra Solutions Guide

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Open for Business: How to Achieve Professional Success Using the Power of Chakras

While this is not a complete guide to all the business chakra issues that may arise, it covers the most prevalent ones. When working with deficient (D) and excessive (E) chakra energy, it is important to recognize that both of these imbalances are a result of childhood wounding. This wounding causes either avoidance behaviors, which create deficient energy (D) in a chakra or overcompensating behaviors, which create excessive energy (E) in a chakra. A wounding may even cause both avoidance and overcompensating behaviors, and thereby both deficient and excessive energy (D/E) in the same chakra.

If you are uncertain whether a particular issue in your business chakra falls under D or E, sit with the question for a while. See if you can feel in your own body what the answer might be. It's quite possible that you may experience an issue listed as D in the guide to be more E, or an issue classified as E to actually be more D. You even may experience an issue as a bit of both D and E. Use your own inner guidance; you are your own best resource for this. Even if you aren't sure what the exact nature of the chakra imbalance is (D or E), don't despair! Your chakra will still return to balance, when you work with it.

Happy chakra balancing!

BUSINESS CHAKRA SOLUTIONS GUIDE

Category	Issue or Obstacle	Chakra(s)	Deficient (D) Excessive (E)	Chapter(s)
Communication				
	Biases	5	D/E	7
	Body language - reading	5	D	7
	Conflict	5	E	7
	Difficulties	2, 5	D/E	4, 7
	Disagreements	5	E	7
	Dishonesty	5	D/E	7
	Distortions	5	E	7
	Hard Conversations	5	D/E	7
	Inauthentic	5	D/E	7
	Listening – poor	5	D/E	7
	Meetings – unproductive	5	D/E	7
	Nonverbal clues	5	D	7
	Personalities – difficult	5	E	7
	Speaking skills – poor	5	D/E	7
Style – uncertain	5	D	7	
Truth – speaking	5	D	7	
Core Values				
	Core Values – none/unclear	3	D/E	5
	Ethics/ideals – poor	3, 7	D	5, 9
	Ethics/ideals – undefined	3, 7	D	5, 9
	Goals – not related	3	D	5
	Purpose - undefined	3, 7	D	3, 9
Creativity				
	Change – poor response	2	D	4
	Curiosity killed	5	D	7

	Imagination – lack of	2, 6	D	4, 8
	Implementation – poor	3	D/E	5
	Inflexible	2, 6	D	4, 8
	Innovation – poor/none	2, 6	D	4, 6
	Mistakes – fear of	2, 4	E	4, 6
	Professional Growth – lacking	2, 4, 7	D	4, 6, 9
	Problem solving – poor	4, 6	D	6, 8
Culture	Belonging – lack of	1, 5	D	3, 7
	Counter-culture behavior	5	D/E	7
	Energy – bad vibe	2	D/E	4
	Health Practices – poor	1	D/E	3
	Negative	4, 5	D	6, 7
	Team respect – poor	3	E	5
	Work hours – too long	1, 3	E	3, 5
	Work pleasure – lack of	2	D	4
Customers	Attracting ideal – ability	4, 7	D	6, 9
	Communication – poor	5	D/E	7
	Customer service – poor	2, 5	D	4, 7
	Dissatisfied	2, 3, 4, 5	D	4, 5, 6, 7
	Ideal – undefined	4, 5	D	6, 7
Decisions	Difficult	3, 4, 6	D	5, 6, 8
	Fear of	6, 7	D/E	8, 9
	Indecisive	3, 4, 6	D/E	5, 6, 8
	Poor Outcomes	3, 4, 6	D/E	5, 6, 8
	Repetitive	4, 6	D	6, 8
	Unbalanced	3, 4, 6	E	5, 6, 8

	Uncentered	4, 6	D	6, 8
	Uncertain	3, 4, 6	D/E	5, 6, 8
Emotions				
	Disconnected	2	D	4
	Drama/Mood rules the day	2	E	4
	Energetic effect	2	D/E	4
	Fear	1, 2	D/E	3, 4
	Feelings underground	2	D/E	4
	Negative	2	D/E	4
	Productivity – poor	2	D/E	4
	Unresolved	2	D/E	4
Financial				
	Cash flow – poor	1, 4	D	3, 6
	Cash reserves – low	1, 4	E	3, 6
	Debt – high	1, 4	E	3, 6
	Fear	1, 2, 4	E	3, 4, 6
	Giving back – none	4	D	6
	Profitability – poor	1, 4	D	3, 6
	Scarcity thinking	1, 4	D/E	3, 6
	Sustainability	1	D/E	3
Goals				
	Challenging	3, 6	E	5, 8
	Difficulty making	3, 4	D/E	5, 6
	Faith in goals – poor	7	D	9
	Focus – lack of	3	E	5
	Goals – none/unclear	3	D	5
	Intentions – lack of	3, 6	D	5, 8
Manifest – fall short	3, 4, 7	D/E	5, 6, 9	

	Too many	3	E	5
Intuition				
	Business instincts – poor	6	D	8
	Challenges	4, 6	D/E	6, 8
	Communication - poor	5, 6	D/E	7, 8
	Direction – lack of	6	D/E	8
	Disconnection	6	D/E	8
	Distrust of	6	D/E	8
	Fear of future/unknown	6	D/E	8
	Imagination – lack of	6	D	8
	Intentions – none	4, 6	D/E	6, 8
	Solutions – few	2, 4, 6	D	4, 6, 8
Leadership				
	Clear direction – lack of	4, 6	D/E	6, 8
	Controlling	3	E	5
	Courage – lack of	4	D	6
	Ethics - poor	7	D/E	9
	Heart centeredness – lack of	4	D	6
	Inspiration – lack of	2, 3	D/E	4, 5
	Judgment – poor	4	E	6
	Leadership – negative	7		9
	Meetings – unproductive	5	D/E	7
	Respect – poor	3	D/E	5
	Soul path – unknown	2, 4, 5	D	4, 6, 7
	Spiritual connection – poor	7	D	9
	Support of others – poor	2	D/E	4
	Thoughts – negative	7	D	9

Marketing	Authenticity – lacking	5	D/E	7
	Customers – too few	5	D	7
	Customers – undefined	3, 5	D	5, 7
	Ethics – poor	5	D	7
	Focus – none/poor	5	D/E	7
	Manifesting destiny – ability	4, 5	D	6, 7
	Message – poor/unclear	5	D/E	7
	Passion – lack of	2	D	4
	SWOT – lack of	5	D/E	7
	Values – poor/unclear	3, 5	D/E	5, 7
Mission				
	Faith in business – lack	7	D	9
	Ideal customer – undefined	2	D	4
	Mission – none/unclear	2, 4	D/E	4, 6
	Passion – none/poor	2	D	4
	Purpose – none/poor	2	D	4
Walk-the-talk – poor	3, 5	D/E	5, 7	
Motivation				
	Celebrations – few	2, 4	D/E	4, 6
	Interest – lack of	2	D	4
	Mistakes – punished	2	E	4
	Motivation – lack of	2	D	4
	Negativity	2	D/E	4
	Passion – lack of	2	D	4
	Productivity – poor	2	D/E	4
Workaholism	3, 4	D/E	5, 6	
Power				
	Authority – too little	3	D	5

	Authority – too much	3	E	5
	Competitive – overly	3	E	5
	Competitive – ability	3	D	5
	Disempowerment	3	D/E	5
	Expansion – lack of	1, 7	D	3, 9
	Expansion – only focus	1, 3	E	3, 5
	Fear as motivation	1, 2, 3	E	3, 4, 5
	Imbalance	3	D/E	5
	Power – overbearing	3	E	5
	Shared decision-making – poor/none	3	E	5
Relationships	Communication – poor	5	D/E	7
	Conflict – high	2	E	4
	Disconnected	2	D	4
	Dishonest	2	E	4
	Give & take – imbalance	2, 4	D/E	4, 6
	Unresolved	2	D/E	4
	Unstable	2	D/E	4
Structure	Environment Sustainability – poor	1	D/E	3
	Insurance – none/poor	1	D	3
	Legal Entity – not ideal	1	D/E	3
	Lines of authority – unclear	1	D	3
	Major change occurring	1	E	3
	Organizational chart – none or unclear	1	D/E	3
	Unstable climate	1	E	3

	Work roles – undefined	1	E	3
Success				
	Failure	1, 7	E	3, 9
	Mindset – poor	1, 7	D	3, 9
Synchronicity				
	Power of attraction	2, 4	D	4, 6
Systems				
	Job descriptions – poor or none	1	D/E	3
	Policies & Procedures – poor or none	1	D/E	3
	Regulatory compliance – poor	1	D/E	3
	Risk Management – poor or none	1	D	3
	Systems – poor or none: accounting, inventory, information base, technology, etc.	1	D/E	3
	Time management – poor	7	E	9
	Work flow – poor	1	E	3
Team				
	Attracting quality	4, 7	D/E	6, 9
	Attitudes – poor	2, 3, 4	D/E	4, 5, 6
	Belonging – poor	1, 5		3
	Challenging	4, 5	D/E	6, 7
	Communication – poor	5	D/E	7
	Counterproductive work behaviors	2, 4	D/E	4, 6
Happiness – lack of	2, 4	D	4, 6	

	Job satisfaction – lack of	2, 4	D	4, 6
	Relationships – conflict	2, 4	D/E	4, 6
	Relationships – disconnected	2, 4	D/E	4, 6
	Leadership – none	4, 5	D	6, 7
	Team building – none	2	D	4
	Team value – lack of	4, 6	D	6, 8
Vision	Focus – poor	2, 3	D/E	4, 5
	Desires – unknown	2, 4	D	4, 6
	Passion – unknown	2	D	4
	Vision Statement – none or unclear	2, 4	D/E	4, 6
	Your “why” – unknown	2	D/E	4
Work Environment	Equipment – lack of	1	D	3
	Equipment – poor	1	D	3
	Clutter	7	E	9
	Safety – poor	1	D/E	3
	Workspace – inadequate	1	D	3
	Workspace – too big	1	E	3
	Workspace – uninviting	1, 6	D	3, 8